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The Link

LUCAN'S FREE MAGAZINE!

ISSUE 9, August 2014



Lucan BMX Club

Beauty Advice

**What's On
in Lucan**

**Pet Care
Advice**

**Your August
Garden**

Plus much more...

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1,000 copies are distributed to business addresses in Lucan.

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|------------------------------|----------------|-----------------------------|---|---------------|----------------------------|
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| Quarter Page Advertisement | One Issue €135 | Three Issues €120 Per Issue | Prices include Artwork but do not include VAT | | |

Cut-off date for September Issue - 29th August

Property in Lucan

How much do YOU pay?

Property prices in Lucan rose considerably during the Celtic Tiger years, since then they have fallen considerably. Anybody that purchased from 2005 or 2006 onwards watched in dismay as their property turned from asset to liability.

There is now some better news for those property owners, the market indicates we reached the bottom of the market in 2013 and prices are now rising.

Price drops of -12%, -11% and -5% in 2011, 2012 and 2013 have seen a considerable turnaround of +18% in 2014.

It is difficult to put a price on similar houses in an estate as not every house is the same, some have extensions, some have better BER ratings and some are poorly maintained or may be in need of considerable work.

We recommend you compare prices of similar properties on www.psr.ie and seek professional advice from a qualified estate agent if you are considering buying or selling your home.



If you want to view our property price comparison in Leixlip, Celbridge, Maynooth, Naas or Newbridge please visit www.thelinkdirect.ie and download our other Link magazines, the information is available on page 2 of each of these magazines.

Property prices in Lucan 2010-2014

extracted from Property Services Regulatory Authority website.

| Year | Amount of houses sold | Average price |
|------|--------------------------|---------------|
| 2010 | 277 | €263,000 |
| 2011 | 155 | €232,000 |
| 2012 | 233 | €207,000 |
| 2013 | 328 | €196,500 |
| 2014 | 144 (registered to date) | €230,300 |

Highest and lowest prices paid for property in Lucan.

| Year | Highest | Lowest |
|------|----------------------------|------------------------------|
| 2010 | €1,115,000 Allenwood House | €105,000 Mount Andrew |
| 2011 | €650,000 Esker House | €90,000 Ballyowen Lane |
| 2012 | €735,000 Vesey Park | €77,000 Rosse Court |
| 2013 | €750,000 Adamstown Court | €68,600 Rosse Court |
| 2014 | €950,000 Cannonbrook Hill | €50,000 Arthur Griffith Park |

The prices quoted are as displayed on the property price register 24/7/14.

We have chosen 6 estates from different parts of Lucan and compared prices.

We have not put the house numbers in as we do not want to invade people's privacy.

We have chosen multiple properties in all estates.

House prices from 1/1/14 to 24/7/14 in Lucan.

Beech Park – 2 properties €335,000 and €400,000
 Castle Riada - 5 properties €210,000 to €284,000
 Foxborough – 4 properties €181,000 to €205,000
 Laraghcon – 3 properties €299,000 to €580,000
 Roselawn – 3 properties €171,000 to €266,000
 Rosse Court - 11 properties €73,000 to €140,000



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Lucan B



24 Lauren Smith - 15+ Ladies



160 Sam Murphy - Superclass



640 Ryan Quinn - 9-10 Boys



781 Chloe Byrne - U7 Girls



114 Adam Davis - 38 Abbie Taylor - 15+

Road cycling has become very popular in this country over the last number of years, it is a healthy and fun family activity but not terribly exciting for some of the more adrenaline junkies of the family, **Lucan BMX club is about to change all that.**

The club hope to open their new purpose built BMX Track this month, once a few remaining details have been ironed out by Fingal County Council.

There is something here for all the members of the family with current riders ranging in age from 4 to nearly 50.

The new facility has been built to International standards and when fully open will host club, national and hopefully international events. The club will also organise introductory days for beginners for both male and female. This is a fantastic new amenity and the people of Lucan and surrounding area who are lucky to have this on their doorstep.

The track will be operated by volunteers from both BMX Ireland (The Cycling Ireland BMX Commission) and the local community who have joined together to form '**Lucan BMX Club**'.

The clubs main focus is will be to promote the sport and attract new riders and volunteers from the local area. The plan is to open the facility on Saturdays and Sundays and a couple of evenings during the week (volunteer dependant). **Lucan BMX Club** has qualified Cycling Ireland / British Cycling BMX coaches, first aid officers and child protection officers on the committee, basically all the personnel to facilitate a safe and fun environment.

The driving force behind the project has been Eamonn Wyer from BMX Ireland and Hans Visser of Fingal County Council who have both been on hand over the two years from the initial phone call to the opening event. Funding for the track was provided by a Leader grant, BMX Ireland fundraising and private sponsorship.

Ireland's World BMX Champion Kelvin Batey designed the track and has been on site numerous times during construction. Kelvin has just returned from the UCI BMX World Championships in Holland where he came away with a Silver and Gold medal in two different

MX Club

classes, a brilliant achievement for him personally and for Irish BMX in general.

Currently club membership is €50 for the first family member, €40 for the second, €30 for the third. The facility and club are a non-profit operation where membership fees will go to funding track maintenance, utilities, insurance, race costs and many other items.

Every week or two since building this BMX track commenced my two boys (7 and 11) drag me down to St. Catherine's Park to check progress, now that the opening is imminent they have been practising their moves on kerbs, jumps made of planks and bricks, race tracks on the local greens and the latest and hottest event in town - bicycle polo using hurleys and a tennis ball. I have been tempted to grab my bike from the shed and join in this particular activity. My only invited participation so far by the teams has been to bring my lawn mower to the local green to mark out the pitch by cutting the grass in the outline of a pitch – thanks lads!

You can find contact details and information on Lucan BMX club by looking up www.lucanbmx.ie or by tracking them down on facebook.

If you want to see the BMX riders of all ages in action then drop down to The All Ireland National Championship on Sunday the 21st September. Riders from all over Ireland will attend.

Budding photographers bring your camera for some great action shots.



147 Aaron Edwards - Superclass



815 Jack Larkin - 11-12 Boys



732 Joey O'Neill -
169 Tom Campbell - 30+



Zach Costello - 11-12 Boys



Killian McCoy - U6 Boys



Kelvin Batey - Superclass

WHAT'S ON AUGUST

National Heritage Week



National Heritage Week runs from 23rd to 31st August 2014 with hundreds of events taking place throughout the country. The purpose of this week which takes place each year is to protect and enhance the richness, quality and diversity of our national heritage. From medieval fairs, night time bat walks, classical music, poetry, theatre, traditional music, storytelling, historical re-enactments, local history walks and talks, maritime and coastal events, food fairs, traditional skills workshops and archaeological digs. There's something for everyone and most events are free!

Historic Buildings & Gardens

Tours of St. Andrew's Church of Ireland, Main Street, Lucan

Built in 1823, Architect Henry Aaron Baker, Partner of James Gandon, restored to original layout in 1997. Archive material from 1821 available to view.

Date: Sat 21st and Mon 23rd 10:00 to 13:00
Thu 26th and Fri 27th 14:00am to 17:00pm

Industry In Lucan: Historical Photographs Recalling Lucan's Industries

A collection of photographs showing some of the traditional industries associated with Lucan and its environs. Photographs presented by Joseph Byrne.

Venue: Lucan Library, Superquinn Shopping Centre, Newcastle Road, Lucan, Co. Dublin.

Cost: Free, all welcome.

Email: lucan@sdblincoco.ie

Telephone: 01 6216422

Date: Sat 21st 09:45 16:30

Mon 23rd, Tue 24th, Wed 25th, Thu 26th
09:45am to 20:00pm

Fri 27th and Sat 28th 09:45am to 16:30pm

The Wealth of Heritage At 12th Lock Lucan

Walking tour taking in historic structures around Lucan. Assemble at 12th Lock. Limited car parking available. Children must be accompanied by adults.

Venue: Meet at 12th Lock, Lucan, South Dublin.

Cost: Free

Email: johnpowerdsl@eircom.net

Telephone: 086 8263080 (Bev)

Date: Sun 29th 14:00pm to 15:00pm

Irish History Live

Take a journey through the myriad of Irish history. Wear the armour, wield the sword, understand the time, enjoy the experience!

Discover the past. Build the future.
23rd - 31st August 2014

For children aged 7-11. Booking essential.

Venue: Lucan Library, Superquinn Shopping Centre, Newcastle Road, Lucan, County Dublin.

Cost: Free

Email: lucan@sdblincoco.ie

Telephone: 01 6216422

Date: Mon 23rd 15:00pm to 16:00pm

Your Story, Your Place

Local tales & folklore with storyteller Brendan Nolan. Please note that this event is for adults.

Venue: Lucan Library, Superquinn Shopping Centre, Newcastle Road, Lucan, County Dublin.

Cost: Free

Email: lucan@sdblincoco.ie

Telephone: 01 6216422

LUCAN LIBRARY

Musical Tots

Tuesday 19 August, 10.30am

Booking essential, one ticket per child attending, from Thursday 7 August via www.eventbrite.ie

Irish History Live – the Great War

Tuesday 26 August

Hands-on experience with real historic objects. For 9 – 12 year olds. Booking essential – from Thursday 7 August. www.eventbrite.ie. Tickets-12472225763

Heritage Lace-making workshop Mon 25 August 2.30-4.30pm

With Carmel Lyons. Booking essential, from Thursday 7 August – contact the library.

Family History – Getting Started Thurs. 28 August 10.30am

With Mary Jackson. Booking required, from Thursday 7 August – contact the library

Summer Reading Buzz

Summer reading challenge for young readers. Get your record card and other goodies in the library. Pick up a postcard too, send/ give it to us saying what you're reading wherever you are this summer.

Lucan Knitting Club

Mondays from 10.30am – 12noon

Touch Type Read Spell tuition,

Wednesdays, 6-7pm

Local History Exhibition – The Spa Hotel - Month of August

Lucan Library Book Club

Wednesday 27 August at 7pm

LIVE MUSIC IN LUCAN

Sunday Night dancing at The Lucan Spa Hotel

| | | | |
|-------------|----------------|-------------|-------------|
| 10th August | Shaun Loughrey | 24th August | Shaun Cuddy |
| 17th August | Stephen Smyth | 31st August | The Outlawz |

Admission €15

(Discounts for residents of the hotel)

KENNYNS LOUNGE - AUGUST

| | | | |
|----------|----------------------|----------|--|
| Sat 9th | John Collis | Sun 24th | Eclipse |
| Sun 10th | Uploaded | Sat 30th | Billy Joyce |
| Sat 16th | Niteshade -Bar | Sun 31st | Look Sharp |
| | Illusion - Lounge | | Music in the bar on Saturday nights @10pm 'til late |
| | 10.30pm 'til 12.30pm | | Music in the lounge Sunday evenings @ 6-8pm |
| Sun 17th | John Collis | | |
| Sat 23rd | Jackie & Johnny | | |

PENNYHILL - AUGUST

| | | | |
|----------|--------------------|----------|-----------------|
| Fri 8th | Ray Lanigan | Fri 22nd | Austin Carter |
| Sat 9th | Jellybean | Sat 23rd | Who's Eddie? |
| Sun 10th | Steve Cooper | Sun 24th | The Chase |
| Fri 15th | Derek Jordan | Fri 29th | Austin Monks |
| Sat 16th | Bullets in Chicago | Sat 30th | Atlantic Avenue |
| Sun 17th | Austin Monks | Sun 31st | Shane Brannigan |

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It should be whatever you want it to be, and that means both of you.

Just because you're getting married doesn't mean you like exactly the same kind of holiday (though hopefully you agree on lots of other things!). At Freedom Travel, we want to hear from both of you and that's why we have an out-of-hours honeymoon consultation service. That way we get to meet the two of you. You see we get a much better idea of what you want from your honeymoon when we meet the two of you together.

He loves the beach-and-cocktails idea. She wants to learn how to ski. Remember, it can be a multi-centre trip. Maybe one week is all about chilling out and the next week is an activity holiday or city discovery. It can be short-haul or long-haul; a sun holiday or a cultural break; non-stop adventure or just a quiet hideaway for two or a combination of all of the above! At Freedom Travel, we'll find out what kind of honeymoon you really want and then make it happen for you.



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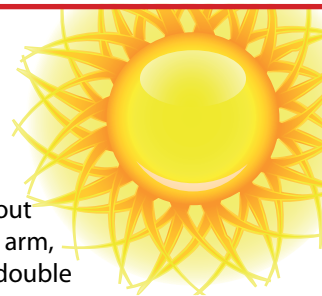
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The Sun & Your Skin



IT MAY BE COLD WET AND GREY BUT YOU STILL NEED SUNSCREEN EVERYDAY!

As another cold and wet week draws to an end and the two weeks of summer sunshine are a distant memory, I bet everyone has put the sunscreen away.

Now is the time to be vigilant. Damage to the skin is caused by UV rays. They are at their strongest in June and July when the earth is tilted most towards the sun. The potential for damage is not related to the temperature outside.

So even if you're sitting in the park under rain clouds you need sunscreen. The clouds will not absorb UV rays.

Latest research has found that sun lotion may not hinder vitamin D as much as first thought. Yes, we do need UV exposure but just five to ten minutes daily on your face and hands is enough. So there are no excuses not to put sunscreen on every day.

Sun cream will only last two years. If it has gone off, it will become runny or clumpy. There is no difference in effectiveness between cheap and expensive products as the sun protection factor must be made according to legal requirements.

The average adult needs 3ml, about two thirds of a teaspoon on each arm, also same for face and neck and double that for legs and torso.

All sun lotion needs to be reapplied every two to three hours, depending on your skin. Children and babies should always have factor 50 applied. And if in doubt, apply more!

It is around this time of year that we notice our moles more. It is so important to check moles regularly, not only in summer but winter as well. Any changes in colour, size or shape and you need to visit the doctor immediately. It is not worth taking the chance and unfortunately skin cancer is on the increase.

Take care and enjoy the sun which will hopefully be back before next year!



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YOUR AUGUST GARDEN

Plant holiday care.

If you are going away on holiday and there's no one to water your plants in the greenhouse or conservatory, then it may be worth considering one of the many watering devices available while away such as Watering Mats, Micro-drip Watering System & Timer Set, Watering Spike, Adjustable Drip Feeder.

In the case of containers and hanging baskets it is well worth moving them to a situation where they are shaded and out of full sunshine.

Lawns

If you would like a fine finish to your lawn then cut more than once a week. Any weeds should be removed and, if required, the holes filled with a gritty compost followed by a small amount of grass seed being raked in.

When the weather is dry and hot, ideally the grass should be kept slightly longer by setting the blades a little higher.

After being away on holiday you will want to cut the grass but to avoid any stress to the lawn it is best to do this gradually.

Prepare sites for new lawns, as towards the end of the month and into early September is an ideal time for sowing. The area should be level, free from large stones and weeds.

It is very important to remove perennial weeds as these will be difficult to control until the lawn is established.

Where perennial weeds are growing on the site, spray with a weedkiller containing Glyphosate some weeks before commencing soil cultivations. This will allow any re-growth to be treated for a second time.

Patio Pots, Baskets and Containers

Thoroughly water at least once a day making sure the compost doesn't dry out completely.

As compost can become bone dry in smaller terracotta pots than larger plastic pots any water will run straight off.

It is, therefore, ideal to place pots, baskets, containers in a bowl, bath or even water butt leaving them in soak thoroughly for a short while.

Also, just because it may rain, the compost could still remain dry due to foliage not allowing the water through.

Vegetables

As many varieties of peas and beans come to fruition, the challenge for gardeners is to replace them with some more productive plants so consider onion sets or garlic?

Sowings can also be made of spring cabbage, chinese cabbage, corn salad, winter lettuce and radish.

The spread of potato blight can occur if conditions are hot and humid, therefore, to prevent attack it may be worth considering using a fungicide spray.

The tips of any climbing shoots of runner beans should be pinched out should they reach the top of the supports.

Any crops that are in flower, have fruit or pods on them must be watered well.

The side-shoots on tomatoes should be pinched out regularly and the leading shoots tied to the supports.

A high potash tomato fertiliser feed should be applied weekly and don't let the plants go short of water.

Fruit

Keep well watered during dry spells and weeds under control by hoeing.

Cut down canes of summer fruited raspberries that have finished cropping, tying in new canes to supports and removing any spare ones.

The runners of new strawberry plants should be secured into pots of compost or soil allowing them to root.

Main shoots and side shoots of gooseberries can be pruned back to five leaves encouraging fruiting shoots for next season to be produced.



Flowers

For colourful pot plants in the home, plants of cactus, cineraria, cyclamen, coleus and schizanthus can be raised from seed sown this month.

Wild Flowers are becoming popular and sowings of cowslips and primroses should be made in trays, placing in a cold frame.

Now is a good time for cutting plants such as achillea, grasses and other everlasting subjects as they are at their peak. They should be hung upside down in an airy, warm place so that they can dry naturally ready for using in arrangements.

Use bamboo canes to support stems of tall perennials and lilies.

Deadheading of roses should be done regularly, and flowers trimmed just above the top leaf on the stem. Stem cuttings can also be taken for propagating.

Pond Care

It may prove necessary to increase the amount of oxygen to fish and plants during thundery weather in which case leaving the fountain running overnight will prove helpful.

This is an ideal time to clean out any empty water-butts so that any dirt that may be trapped at the bottom is removed.

Use a net to remove any dead flowers or leaves.

Overgrown pond plants can be thinned, and it may prove useful to take note of any waterlilies which will require dividing next spring.

Feed fish regularly, taking care not to over-feed, with a varied diet to build them up. Any food remaining in the pond after ten minutes should be removed.

To help aerate the water and keep fish healthy top up water levels.

Oxygen can be increased by letting water gently fall into the pond from a hose at a height approximately 1m (3').

If you haven't a fountain then a gentle spray using a hose over the surface from time to time will prove beneficial.

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Looking forward to seeing you soon.



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Ferrets - The Right Pet for You?

This article is supplied by the veterinary team at the Beaufield Veterinary Centre in Celbridge. This Certified Veterinary Hospital has been providing veterinary care for the animals of the area since 1996. You can contact them on 01 6270402 for further details.

Ferrets are lively, playful and easily tamed, but they need a lot of space and can be expensive to feed. They can also inflict severe bites and emit a strong musky smell. Before getting any pet, you should think very hard about whether you can provide everything it needs.

What do Ferrets need?

- Companionship - to be with other ferrets and to have human company.
- A diet of raw, fresh meat twice a day.
- Any uneaten food must be removed daily.
- A constant supply of fresh, clean drinking water in a drip feed bottle with a metal spout.
- A large home that is kept up off the ground, in an open shed or indoor area out of direct sunlight and strong winds.
- Separate areas inside their home.
- A deep, clean layer of fresh meadow hay for bedding. They also like to curl up in an old jumper or socks and are very fond of an old slipper to curl up in.
- Toys to play with, like cardboard tubes and wooden cotton reels.
- Their home to be tidied every day and thoroughly cleaned every week.
- A very large, secure area to play in.
- Injections to prevent certain serious diseases.
- To attend a vet if they are ill or injured.
- To be looked after when you are away on holiday.

Life Span:

Ferrets live for about eight years.

Behaviour:

Ferrets need to be with other ferrets and it is best not to keep one ferret on its own. Either male or female ferrets from the same litter can live happily together. Although ferrets can appear very tame, they are not easy to look after as they need a great deal of space and may try to escape.

Handling:

Pick up a ferret gently but firmly using both hands, one around its hindquarters and the other around the shoulders. Hold it close to your body. It is important to handle ferrets regularly to keep them tame.

Breeding:

It is strongly advised that you do not breed from ferrets as it is very difficult to find good homes for the young. The best way to ensure that ferrets do not breed is to have them neutered or for them to have a hormonal injection that prevents them remaining fertile. Female ferrets come into season (a time



when they can get pregnant) from early spring until September. If you keep female ferrets, they will become sexually mature at about eight months old, and you should seek expert advice on their care before this stage.





Health:

Ferrets must be vaccinated against the potentially fatal disease canine distemper. Your veterinary surgeon will be able to advise you on this. If the ferrets' home is left in direct sunlight, ferrets can suffer from heat exhaustion. They should recover if moved to a cool dark room and given plenty of water, but the situation is easily avoided. Ferrets can catch the influenza virus from humans, and you should keep away from ferrets if you have flu. Keep an infected ferret away from the others and seek veterinary advice straight away.

If a ferret is constantly scratching, producing bald patches in its fur and broken patches in its skin, it may have mange. Seek veterinary advice straight away. Ferrets can suffer from parasites (tiny living things which live on other creatures) if their bedding is not kept clean. Check ferrets' ears and coats regularly and seek veterinary advice if there is any sign of mites. If you have any concerns about the health of your ferrets, ask your veterinary surgeon for advice

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